

# Health & Safety for Management course book

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The following updates have been made to the 11<sup>th</sup> edition of this publication.

Page No	Update comments
52	<p><b>Content added – 3<sup>rd</sup> bullet point:</b></p> <ul style="list-style-type: none"><li>• a type of incident which is separate, identifiable, unintended and causes physical injury (Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 2013) (RIDDOR).</li></ul>
62	<p><b>Accident books – point 5. The text has been updated to:</b></p> <p>5. In accordance with social security legislation, employers with more than 10 employees are obligated to maintain an accident book in an approved format. This book must be readily accessible and used to accurately record all relevant details of workplace accidents. Such books, when completed, should be retained for three years after the date of the last entry.</p>
146	<p><b>Manual handling operations – the statistic have been updated</b></p> <p>A substantial part of many people’s jobs involves the manual handling of loads, such as parcels, sacked items, components and even people. There were <b>7.8 million</b> working days lost due to work-related musculoskeletal disorders in <b>2023/24</b>. In most cases these injuries arise through incorrect or poor handling techniques.</p>
207	<p><b>Stress at work – the statistics have been updated</b></p> <p>In the last decade, increasing attention has been paid by employers, the enforcement agencies, trade unions and the courts to the question of stress at work. According to the HSE. It is reported that <b>776,000</b> workers are suffering from work-related stress, depression or anxiety (new or long-standing) in <b>2023/24</b>. This chapter defines the term, examines the causes of stress and the remedies for reducing stress at work. Reference is also made to the legal implications for employers where employees may complain of stress at work.</p>

231	<p><b>Appendix: 1 ISO 45001 content has been updated:</b></p> <p><b>ISO 45001</b></p> <p>ISO 45001 is the international standard for Occupational Health and Safety Management Systems (OHSMS). It was developed using BS OHSAS 18001 (previously the internationally recognised British standard for occupational health and safety) as a foundational framework. The drafting of ISO 45001 began in 2013, and its development involved contributions from over 50 countries and several internationally recognised organisations. The final standard was officially published in March 2018.</p> <p>Organisations certified to BS OHSAS 18001 were given a three-year transition period to migrate to ISO 45001, with the deadline set for March 2021 to maintain recognised certification.</p> <p>ISO 45001 promotes global alignment in occupational health and safety practices, with a strong emphasis on risk prevention, worker involvement, innovation and continual improvement. It is applicable to organisations of all sizes and industries. However, unlike the HSE’s guidance document, HSG65 (discussed later in this appendix), ISO 45001 certification involves a cost.</p>
249	<p><b>Glossary – Accident definition has been updated to include another point (inserted at point 3)</b></p> <p>Accident</p> <p>The term ‘accident’ can be defined in a number of ways:</p> <ul style="list-style-type: none"> <li>• an unforeseeable event, often resulting in injury</li> <li>• an unplanned and uncontrolled event, which has led to injury to persons, damage to plant or other loss</li> <li>• a type of incident which is separate, identifiable, unintended and causes physical injury</li> <li>• a deviation from the normal, the expected or the planned, usually resulting in injury</li> </ul>
249	<p><b>Act of Parliament (Statute) – the Noise at Work Regulation 1989 has been updated to:</b></p> <p>The noise at Work Regulations 2005.</p>

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